

Perth and Kinross Foodbank  
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Blairgowrie  
St Catharine's Community Centre,  
George Street, Blairgowrie PH10 6EY

**Facebook:** Perth & Kinross Foodbank

## Newsletter 18 Autumn 2022

### Tesco Collection 1 - 3 December

Thank you to those who helped with the Tesco collection in the summer. If you are able to help with the December collection, please contact the Foodbank. We will need volunteers at Edinburgh Road, Crieff Road and Blairgowrie.



### Amazon Wish List

The Foodbank has an Amazon Wish list, where items can be ordered, paid for and will be delivered to Cutlog Vennel. This has proved very popular and we are very grateful for the generosity of donors. It is helping us to keep up our stock of 'needed items'.

A link to the Wish List can be found on the Perth & Kinross facebook page.

[www.amazon.co.uk/hz/wishlist/ls/4D7FPNDDYLWR?ref\\_=wl\\_share&fbclid=IwAR1K5poQnvxkoprzq3kkxuTdTSg\\_fv-G-Pqc8L8N9nETUPe7s0vxPm17e9c](https://www.amazon.co.uk/hz/wishlist/ls/4D7FPNDDYLWR?ref_=wl_share&fbclid=IwAR1K5poQnvxkoprzq3kkxuTdTSg_fv-G-Pqc8L8N9nETUPe7s0vxPm17e9c)



Perth and Kinross Foodbank SCIO. SC044158

citizens  
advice

We have been fortunate to receive funding from Trussell Trust for a Financial Inclusion Officer who will be helping people to maximise income and with budgeting. Congratulations to Monique Miller who has been appointed to the position and will be employed by Citizens' Advice Bureau to work with Perth and Kinross Foodbank.



A very successful afternoon tea was held in August for volunteers. Thanks to those who made the arrangements and St Matthews catering team for the delicious spread. There was a presentation from Citizens' Advice Bureau to explain the role of the new Financial Inclusion Officer who will be working with the Foodbank.

We were sorry to say farewell to Jonathan who has been of enormous help with admin at the Foodbank since lockdown. Thank you for all that you have done Jonathan, and best wishes for your life in Glasgow.

**BanktheFood** is a free app which links food banks to donors while they are at the supermarket. It is very simple to use – download the app and follow the instructions to get started. Once you have followed Perth and Kinross Foodbank, the app will send you a reminder of what is needed when you are in the supermarket. You can then choose exactly what you would like to donate, and leave it in the collection point at the end of your shopping trip.

[www.bankthefood.org](http://www.bankthefood.org)

### Opening Hours

Tuesday, Wednesday & Friday:  
Parcel distribution: 12.00 – 4.00 pm  
Thursday 1.00 – 3.00  
Blairgowrie  
Tuesday 10.00 – 11.30  
Thursday 2.30 – 4.00

Please phone to arrange dropping off donations.

We have signed an agreement with **Bankuet** to purchase goods in bulk through them and they deliver to us! Thank you to those people who donate money to enable us to do this. [www.bankuet.co.uk](http://www.bankuet.co.uk)



### HELP

At the moment we particularly need:

**Tinned fruit and vegetables**

**Tinned meat**

**Small laundry products**

**Cooking sauces**

**Tinned potatoes**

**Biscuits and Snacks**

**Jam**